

2008 **EDITORIAL REVISION - MAY 2016** VERSION 1.2

These training requirements apply to those who begin training on or after July 1st, 2012.

MINIMUM TRAINING REQUIREMENTS

Five (5) years of approved residency training. This period must include:

- 1. Twelve (12) months of basic clinical training to be completed within the first 18 months of residency consisting of:
 - 1.1. Six (6) months in Internal Medicine, which must include at least three (3) months of general Internal Medicine (clinical teaching unit (CTU) or its equivalent)
 - 1.2. Two (2) months in surgery consisting of two or more of the following or their subspecialties:
 - 1.2.1. **General Surgery**
 - 1.2.2. Neurosurgery
 - 1.2.3. Orthopedic Surgery
 - 1.2.4. Plastic Surgery
 - 1.2.5. Urology
 - 1.2.6. Vascular Surgery
 - 1.3. Three (3) months training consisting of one (1) month each in three of the following:
 - 1.3.1. Anesthesiology
 - 1.3.2. Critical care medicine
 - 1.3.3. **Diagnostic Radiology**
 - 1.3.4. **Emergency Medicine**
 - 1.3.5. Family medicine
 - 1.3.6. Palliative care
 - 1.3.7. Pediatrics or its subspecialties
 - 1.3.8. Vascular medicine
 - 1.3.9. Psychiatry or its subspecialties

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- 1.3.10. Training relevant to Physical Medicine & Rehabilitation, approved by the program director
- 1.4. At least one (1) month of training in Geriatric Medicine
- 2. Nine (9) months of residency training to include three (3) months each of Rheumatology, Neurology, and Orthopedic Surgery
- 3. Thirty six (36) months of residency training in core Physical Medicine & Rehabilitation including:
 - 3.1. One (1) month in cardiac and/or respiratory rehabilitation
 - 3.2. Three (3) months full time equivalent residency training in each of the rehabilitation of persons with:
 - 3.2.1. Amputation (including prosthetics and orthotics)
 - 3.2.2. Cerebrovascular disease
 - 3.2.3. Spinal cord disorders
 - 3.2.4. Acquired brain disorders
 - 3.3. Three (3) months full time equivalent residency training in pediatric rehabilitation
 - 3.4. Three (3) months full time equivalent residency training in research activities
 - 3.5. Six (6) months full time equivalent residency training in disorders of the musculoskeletal system
 - 3.6. Four (4) months full time equivalent residency training in comprehensive rehabilitation of neuromuscular diseases including but not exclusively electrodiagnosis
 - 3.7. Seven (7) months of elective residency at the discretion of the program director to pursue a clinical or research area of focus within the specialty
- 4. Three (3) months of directed residency training in any of the following selectives:
 - 4.1. Additional research training
 - 4.2. Community based rehabilitation
 - 4.3. In-patient short-term rehabilitation
 - 4.4. In-patient acute care rehabilitation consultation service
 - 4.5. General rehabilitation outpatient clinic
 - 4.6. Senior resident rehabilitation outpatient clinic
 - 4.7. Geriatric rehabilitation
 - 4.8. Other Physical Medicine & Rehabilitation rotations at the discretion of the residency program committee/program director

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NOTES:

- 1. Candidates entering Physical Medicine & Rehabilitation after one year residency training in a Royal College accredited Internal Medicine program or two years of residency in a College of Family Physicians of Canada accredited program may (upon the recommendation of the program director) receive credit towards satisfying the requirement 1. All applicants are considered on an individual basis.
- 2. Candidates who have successfully completed four years of residency in an ACGMEaccredited Physical Medicine & Rehabilitation program, and a fifth year of residency registered in and under the direction of an ACGME or Royal College accredited program in Physical Medicine & Rehabilitation, will be deemed to have fulfilled these residency training requirements.
- 3. Clinical rotations completed during the 12 months of basic clinical training **cannot** be counted as credit toward subsequent required rotations.

Royal College certification in Physical Medicine & Rehabilitation requires all of the following:

- 1. Successful completion of a 5-year Royal College accredited program in Physical Medicine & Rehabilitation;
- 2. Successful completion of the certification examination in Physical Medicine & Rehabilitation; and
- 3. Completion of a scholarly project in research activities relevant to Physical Medicine & Rehabilitation.

The 5-year program outlined above is to be regarded as the minimum training requirement. Additional training may be required by the program director to ensure that clinical competence has been achieved.

REVISED – Specialty Standards Review Committee – June 2008 **EDITORIAL REVISION** – 2011 **EDITORIAL REVISION** – 2016

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